

THE CASSEL HOSPITAL FOR FUNCTIONAL
NERVOUS DISORDERS,

Swaylands, Penshurst, Kent.

Report and Accounts

FOR THE YEAR ENDED

31st DECEMBER, 1932.

WELLCOME INSTITUTE LIBRARY	
Coll.	WelMOMac
Call.	Ann-Rep
No.	WLM 28
	- EES
	C 34-
	1932



22501245355

The Cassel Hospital for Functional Nervous Disorders.

(Founder: The Right Honourable Sir ERNEST CASSEL, G.C.B., G.C.M.G., G.C.V.O.)

Patrons.

HIS MAJESTY THE KING.
HER MAJESTY THE QUEEN.

Trustees.

Sir FELIX CASSEL, Bt., K.C. (Chairman)
Sir COURTAULD THOMSON, K.B.E., C.B.
Sir MAURICE CRAIG, C.B.E., M.D., F.R.C.P.

General Committee.

Sir FELIX CASSEL, Bt., K.C. (Chairman)
J. L. BIRLEY, C.B.E., M.D., F.R.C.P.
SIR E. FARQUHAR BUZZARD, Bt., K.C.V.O., M.D., F.R.C.P.
Brig.-General F. A. BUZZARD, D.S.O.
Lady HELEN CASSEL.
Sir MAURICE CRAIG, C.B.E., M.D., F.R.C.P.
LORD DAWSON OF PENN, P.C., G.C.V.O., K.C.B., K.C.M.G., M.D., F.R.C.P.
Miss E. S. HALDANE, J.P., LL.D.
BERNARD HART, M.D., F.R.C.P.
A. F. HURST, M.D., F.R.C.P.
W. J. JENNINGS, Esq.
Mrs. JOSHUA
Lady LOUIS MOUNTBATTEN
J. A. RYLE, M.D., F.R.C.P.
Sir COURTAULD THOMSON, K.B.E., C.B.

Consulting Physicians.

J. L. BIRLEY, C.B.E., M.D., F.R.C.P.
SIR E. FARQUHAR BUZZARD, Bt., K.C.V.O., M.D., F.R.C.P.
SIR MAURICE CRAIG, C.B.E., M.D., F.R.C.P. (Chairman of the Medical Committee.)
LORD DAWSON OF PENN, P.C., G.C.V.O., K.C.B., K.C.M.G., M.D., F.R.C.P.
BERNARD HART, M.D., F.R.C.P.
A. F. HURST, M.D., F.R.C.P.
J. A. RYLE, M.D., F.R.C.P.

Consulting Ophthalmologists.

J. F. CUNNINGHAM, O.B.E., F.R.C.S.
A. F. MACCALLAN, C.B.E., M.D., F.R.C.S.

Consulting Laryngologist.

G. SECCOMBE HETT, F.R.C.S.

Consulting Gynæcologist.

E. L. HOLLAND, M.D., F.R.C.P., F.R.C.S.

Medical Director & Physician.

T. A. ROSS, M.D., F.R.C.P.E., M.R.C.P.

Assistant Physicians.

CHRISTINE H. SHEARER, M.B., Ch.B.
H. M. PALMER, M.R.C.S., L.R.C.P., B.A.
E. B. STRAUSS, M.A., M.D. (Oxon.); M.R.C.P. (Lond.)

Resident Medical Officer.

P. F. CLÜVER, B.A., B.M., B.Ch. (Oxon.); M.R.C.S., L.R.C.P.

Solicitors.

Messrs. LEWIS & LEWIS

Auditors.

Messrs. BARTON, MAYHEW & Co., Chartered Accountants.

Architect.

J. MACLAREN ROSS, A.R.I.B.A.

Secretary.

C. HAKE.

THE CASSEL HOSPITAL FOR FUNCTIONAL NERVOUS DISORDERS.

REPORT OF THE GENERAL COMMITTEE FOR THE YEAR ENDED 31st DECEMBER, 1932.

1. The year 1932 has on the whole been one of satisfactory progress. The number of beds available for patients has been increased during the year by the addition of four more beds. The average number occupied during the year has been 60.67 as compared with 57.22 in the year 1931. Notwithstanding this, the waiting lists have been larger in 1932 than in the preceding year, this confirming that the Hospital is filling a real want.

2. It was decided that no separate medical report should be printed this year. It has been found better to issue a full medical report every third year only, because the work and results can be more satisfactorily reviewed after the lapse of three years. Nevertheless the statistics for the year have been prepared and are ready for publication when the triennial report is issued.

As in former years the medical statistics lag one year behind those of the financial report, because no patient's case is considered worth reporting on till he has faced ordinary life for at least twelve months. It is of little significance in what condition he leaves the Hospital; the point of importance is how he succeeds in facing the difficulties of ordinary life. The following figures, therefore, relate to patients who were discharged during the year 1931.

In all 164 patients were discharged during the period. Thirteen of these had been in the Hospital in previous years, of whom eleven were in one or other class of the psychoneuroses. Two suffered from psychoses. Seven of these eleven have kept well or much improved; one who did improve has since died. On the whole, therefore, it was clearly of benefit to them to return for further treatment. In addition to these thirteen "return" cases, five patients had more than one course of treatment during the year.

Ninety-three of the 146 remaining patients were classified as suffering from psychoneuroses. Eighty-three belonged to the groups anxiety states and hysteria, of whom seventy remained well at the end of a year, thirteen were not well. Four patients suffered from anorexia nervosa, of whom three remained well. Six suffered from the obsessional-compulsive neuroses, of whom only one remained well. The patient with anorexia nervosa who relapsed was the youngest we have had with that disorder; she was fourteen years of age.

Three patients suffered from alcoholism. Two have not replied to the letter of enquiry sent, and the third stayed only seven weeks and relapsed.

Among the patients with psychoses there were twenty-one who suffered from depression. Nine improved or recovered, the remainder are in statu quo. Ten patients suffered from schizophrenic conditions. Three of these improved very much, and one of them is at work.

Seven patients were classified under the heading Psychopathic personalities. Three were no better. One has been reported on by his father as leading a more normal life ; he is now at work. The other three are at work and are also reported on as improved.

Three patients suffered from senile states and were discharged as unsuitable for treatment. Five were the subjects of organic disease, while four stayed less than a week and were in statu quo.

3. On the occasion of the Centenary of the British Medical Association an invitation was extended to the Section of Mental Disorder. On July 29th some forty delegates visited the Hospital and were entertained to lunch. The visitors were taken round the Hospital after lunch and displayed great interest in its work.

4. The Workshops and the Outdoor Occupations Sections, which form an important part of the treatment, have been well attended during the year. The indoor workers are taught various arts and crafts by the Occupations Officer. They learn basket making, leather and pewter embossing, bookbinding, typewriting, painting on glass and modelling in clay. A considerable number of patients make presents for their friends ; others sell their work.

5. The Games Section comprising Golf, Cricket, Hockey, Tennis, Badminton and Billiards, which also form an important part of the treatment, continued very popular. During the summer months the Cricket XI played twenty-two matches against local clubs, won three, lost seventeen and two were drawn. Tournaments among the patients themselves and other games have been frequent.

6. At Christmas there were the usual Christmas Tree, Christmas dances, Staff Concert, and a first class conjurer gave an entertainment, all of which were much appreciated.

7. During the year considerable additions and improvements to the property have been made. Apart from the alterations already referred to, through which additional accommodation has been rendered available for more patients, the Hospital has acquired Birch Cottage, which is now the residence of the new Secretary, Mr. Hake. The Committee desire to take this opportunity of expressing their appreciation of the energetic and satisfactory manner in which Mr. Hake is fulfilling his duties.

General structural repairs and annual redecoration work has been carried out and the beds have been renewed throughout the Hospital.

8. Advantage was taken of the Ministry of Health enquiry into the Kent County Boundaries to again put forward the Hospital's request for an improved water supply and it is hoped that the negotiations for this end will lead to a satisfactory conclusion.

9. The Committee desire to place on record their indebtedness to Dr. Ross, the medical, nursing, administrative, domestic and outdoor staff, for the way in which they have discharged their duties and their devoted and assiduous care and attention to the interests and welfare of the Hospital and the patients.

10. It is with much regret that the Committee have to record the resignation of Miss Haldane who finds it impossible to attend the meetings owing to absence from London. The Committee wish to record their great appreciation of the valuable help which Miss Haldane has rendered to the Hospital. On the other hand the Committee have great pleasure in reporting that Miss Winifred Thomson has accepted the invitation of the Committee to join them. Miss Thomson is the sister of Sir Courtauld Thomson, a member of the Committee, who has already given such valuable assistance in carrying on the work of the Hospital.

11. The Finance Committee of the Hospital has made a separate report from which it is satisfactory to note that the market value of the investments of the Hospital at the 31st December last was considerably in excess of the book value and that there was still a small margin of safety in the small excess of income over expenditure. But the fact has to be faced that there will be some diminution of income in coming years, both owing to conversion of War Loan and other causes. The resources of the Hospital will therefore have to be administered with great care with a view to securing any economy which will not involve any loss of efficiency or of comfort of the patients.

By Order of the General Committee,

FELIX CASSEL,

27th February, 1933.

Chairman.

THE CASSEL HOSPITAL FOR FUNCTIONAL NERVOUS DISORDERS.

THIRTEENTH ANNUAL REPORT OF THE FINANCE SUB-COMMITTEE ON THE ACCOUNTS FOR THE YEAR ENDED 31st DECEMBER, 1932.

THE Finance Sub-Committee has pleasure in submitting the Accounts of the Hospital for the year ended 31st December, 1932, together with their Report thereon as follows:—

The accommodation for patients was increased during the year by four additional rooms, and the available beds now number 64. The average number occupied was 60·67 compared with 57·22 in 1931. The increased accommodation has been in constant use since it became available for the reception of patients in June, 1932.

The Alterations, Improvements and Redecorations to the Property which have been carried out during the past year, under the supervision of the Architect, include the following:—

1. Conversion of Laboratory Wing into Additional Patients Rooms.
2. Adapting Men's quarters to provide additional accommodation for Nursing Staff and formation of new men's cubicles and mess room.
3. Structural Alterations and Redecorations to Dairy Cottage and Birch Cottage, to provide residences for Medical Officers and Secretary.
4. Replacement of pipes and cables to spring main water supply, and repairs and renewals to sewage beds and drainage.

The equipment of the Hospital has been well maintained and all patients beds were renewed during the year.

The total expenditure during the year in connection with improvements, renewals and repairs to property, plant and equipment amounted to £3,898 7s. 6d. As in previous years this expenditure has been charged against the Renewals and Repairs Fund.

Expenditure on Capital Account during the year comprises the purchase of an adjacent Cottage as a residence for the Secretary at a cost of £776 14s. 0d., and the provision of Furniture and Equipment in connection with the additional accommodation for patients and staff at a cost of £580 13s. 10d.

Investments in Japanese Loans were realised during the year, and £200 Synthetic Ammonia & Nitrates Ltd. 5% Guaranteed Debenture Stock 1930/45 were redeemed. The Loss on realisation and redemption of these Securities has been transferred to Trust Capital Account; the proceeds were re-invested in £3,470 5s. 11d., 3½% War Stock. Full particulars of the Investments of the Trust are set out in the accompanying Balance Sheet. It is satisfactory to report that at the date of the Balance Sheet the market value of the Investments exceeded the book value.

By Order of the Finance Sub-Committee,
FELIX CASSEL,

27th February, 1933.

Chairman.

THE CASSEL HOSPITAL FOR

Dr.

INCOME AND EXPENDITURE ACCOUNT

INCOME.					£	s.	d.	£	s.	d.	£	s.	d.
ORDINARY—													
I. RECEIPTS ON ACCOUNT OF SERVICES RENDERED.													
(a) FROM PATIENTS—													
Fees	17,382	11	6						
Car Hire	231	14	2						
Laundry	259	1	1						
Visitors' and Special Nurses' Board	...				360	12	1						
								18,233	18	10			
(b) OTHER RECEIPTS—													
Garage	162	14	9						
Laundry	22	12	3						
Visitors	5	0	6						
								190	7	6			
											18,424	6	4
II. INVESTED PROPERTY.													
Interest, Dividends, etc.								5,685	19	0
SPECIAL—													
I. Workshops												37	11 11

Carried forward £24,147 17 3

FUNCTIONAL NERVOUS DISORDERS.

FOR THE YEAR ENDED 31st DECEMBER, 1932.

Cr.

EXPENDITURE.				£	s.	d.	£	s.	d.
ORDINARY.									
I. PROVISIONS—									
Meat	862	16	3			
Fish, Poultry, etc...	770	10	6			
Butter, Bacon, etc.	473	16	8			
Eggs	220	17	6			
Milk	576	1	4			
Bread, Flour, etc.	209	10	2			
Grocery	658	13	11			
Vegetables and Fruit	908	0	1			
Aerated Waters	17	2	5			
Flowers, Plants, etc.	96	0	0			
							4,793	8	10
II. SURGERY AND DISPENSARY—									
Drugs, Chemicals, Disinfectants	161	17	8			
Dressings, Bandages, etc.	10	9	2			
Instruments and Appliances	4	8	10			
Wines and Spirits	9	17	9			
Sundries	8	4	8			
							194	18	1
III. DOMESTIC—									
Renewals and Repairs Fund—Furniture and Equipment...	525	2	4			
Renewals and Repairs Fund—Hardware, Crockery, Brushes, etc...	262	10	8			
Laundry	799	4	5			
Cleaning and Chandlery	185	12	4			
Lighting and Heating	2,044	8	1			
Water	157	15	10			
Uniforms	76	13	3			
Sundries	1	16	7			
							4,053	3	6
IV. SALARIES AND WAGES—									
Medical	3,850	0	0			
Nursing	1,325	7	5			
Carpenters, Stokers and Mechanics, etc.	777	10	9			
Porters	446	15	7			
Domestic	1,249	7	0			
Masseurs	355	12	11			
							8,004	13	8
V. MISCELLANEOUS—									
Insurance	161	6	1			
Telephone	36	16	6			
							198	2	7
VI. ADMINISTRATION—									
Salaries	798	5	9			
Printing and Stationery	221	0	8			
Postages, Telegrams	60	6	0			
Advertisements	7	2	5			
Accountancy and Audit Fees	300	0	0			
Legal Charges	2	2	0			
Travelling Expenses	44	0	10			
Sundries	69	12	11			
							1,502	10	7
Carried forward							£18,746	17	3

Dr.

INCOME AND EXPENDITURE ACCOUNT FOR

INCOME (*Contd.*)

£ s. d.

Brought forward

24,147 17 3

£24,147 17 3

THE YEAR ENDED 31st DECEMBER, 1932 (Cont.)

Cr.

EXPENDITURE (Contd.)

£ s. d.

£ s. d.

£ s. d.

Brought forward

18,746 17 3

VII. ESTABLISHMENT —

Renewals and Repairs	1,413	11	6	
Upkeep of Farm and Garden	441	4	2	
Sewerage	94	16	5	
							1,949 12 1

VIII. TRANSPORT—

Wages	266	12	11	
Tyres, Petrol, Oil, etc.	195	5	6	
Renewals and Repairs	17	18	3	
Licenses and Insurance	62	7	11	
Renewals and Repairs Fund	250	0	0	
Car Hire and Sundries	75	19	2	
							868 3 9

IX. RATES AND TAXES.

Rates and Taxes	307	2	0	
Tithes	22	13	6	
							329 15 6

TOTAL ORDINARY EXPENDITURE ... 21,894 8 7

SPECIAL.

I. PATIENTS ENTERTAINMENTS—

Games	54	0	5	
Library Books, etc.	88	0	6	
Entertainments	61	8	10	
							203 9 9

II. WORKSHOPS— ... 128 8 9

III. RENEWALS AND REPAIRS FUND— 1,500 0 0
1,831 18 6

23,726 7 1

Balance being— EXCESS INCOME OVER EXPENDITURE FOR
THE YEAR TRANSFERRED TO BALANCE
SHEET ...

421 10 2

£24,147 17 3

THE CASSEL HOSPITAL FOR

Dr.

BALANCE SHEET,

			£	s.	d.	£	s.	d.
CREDITORS AND ACCRUED EXPENSES				2,202	18	6
MEDICAL DIRECTOR'S SPECIAL FUND				46	4	8
RENEWALS AND REPAIRS FUND—				2,112	9	9
RESERVE FUND—								
As at 1st January, 1932				7,000	0	0
TRUST CAPITAL ACCOUNT—								
As at 1st January, 1932			209,238	18	1			
Less: Loss on Redemption and Realisation of Investments			1,698	8	11			
						207,540	9	2
INCOME AND EXPENDITURE ACCOUNT—								
Balance as at 1st January, 1932	6,216	7	10			
Add: Excess of Income over Expenditure for the year ended 31st December, 1932	421	10	2			
						6,637	18	0
						225,540	0	1
THE KATHARINE WALEY COHEN TRUST FUND—per contra gift for specific purposes subject to Life Annuity	...					1,900	0	0

£227,440 0 1

FUNCTIONAL NERVOUS DISORDERS.

31st DECEMBER, 1932

Cr.

	£	s.	d.	£	s.	d.
CASH AT BANKERS—						
Midland Bank, Limited (Poultry E.C.2)	1,613	12	10
„ „ „ (Tunbridge Wells)	295	18	10
						1,909 11 8
DEBTORS AND PAYMENTS IN ADVANCE			527 7 8
INTEREST ON INVESTMENTS ACCRUED DUE			1,482 5 4
INVESTMENTS AT COST—						
£5,500 The Cunard Steamship Co., Ltd.						
5% Mortgage Debenture Stock	5,333	15	0
£26,862/19/10 India 3% Stock	14,777	7	0
£7,970/5/11 3½% War Loan	7,850	19	3
£5,000 Mond Nickel Co., Ltd., 5½% Mortgage Debenture Stock	4,881	11	0
£10,000 India 4½% Loan, 1950/55	9,041	10	0
£1,500 Burt, Boulton & Haywood Ltd.,						
6% 1st Mortgage Debenture Stock	1,545	18	9
£8,900 I.C.I. (Fertilizer & Synthetic Products), Ltd.,						
5% Guaranteed Debenture Stock 1930/45	9,040	3	7
£10,711/13/6 Local Loans 3% Stock	6,849	3	0
£10,000 Birmingham Corporation 4¾% Redeemable Stock, 1945/55	9,853	15	0
£10,000 London County 5% Consolidated Stock, 1940/60	10,281	17	0
£10,796/9/7 Commonwealth of Australia 5% Registered Stock, 1945/75	10,748	15	8
£4,029/5/0 Union of S. Africa 5% Loan, 1945/75	4,000	0	0
£8,242/10/0 Consolidated 4% Stock	6,982	17	0
£7,200 London & North Eastern Railway 4% 1st Preference Stock	4,973	8	9
£5,000 Palestine 5% Loan, 1942/67	5,084	15	6
£3,237/13/6 3½% Conversion Loan, 1961	2,476	19	7
£500 London Electric Railways 5% Debenture Stock 1985/95	496	18	0
(Market Value £126,068/5/5)						114,219 14 1
SUNDRY STOCKS—						
Provisions	85	4	3
Surgery and Dispensary	40	3	7
Domestic Stocks	235	16	0
Petrol	20	18	6
Live Stock	228	0	3
Horse, Harness, etc.	8	6	8
						618 9 3
FURNITURE AND EQUIPMENT						
As at 1st January, 1932	17,922	8	1
Additions during the year	580	13	10
						18,503 1 11
MOTOR CARS—Value written off.						— — —
LAND AND BUILDINGS—						
As at 1st January, 1932	87,527	16	2
Additions during the year	776	14	0
				88,304	10	2
Less: Sale of Land	25	0	0
						88,279 10 2
						225,540 0 1
THE KATHARINE WALEY COHEN TRUST FUND per contra—						
200 "Shell" Transport & Trading Co., Limited, 5% 1st Preference						
Shares of £10 each. Fully paid—(Market Value £2,175.)	1,900	0	0
						£227,440 0 1

We have Audited the above Balance Sheet dated 31st December, 1932, and have obtained all the information and explanations we have required. In our opinion such Balance Sheet is properly drawn up so as to exhibit a true and correct view of the state of affairs, according to the best of our information and the explanations given to us and as shown by the books.

ALDERMAN'S HOUSE, BISHOPSGATE,
LONDON, E.C.2.

BARTON, MAYHEW & Co.,
Chartered Accountants.

27th February, 1933.

STATISTICAL TABLES FOR THE YEAR ENDED 31st DECEMBER, 1932

and comparison with the Year ended 31st December, 1931.

ACCOMMODATION.

	1932	1931
Number of available beds	58/64	59
Average number of patients resident daily	60.67	57.22
Number of admissions during the period	179	178
Number of discharges during the period	172	181
Number remaining at 31st December	64	57

EXPENDITURE.

	Expenditure for the year ended 31st Dec., 1932.			Average weekly cost per patient during 1932.			Average weekly cost per patient during 1931.		
	£	s.	d.	£	s.	d.	£	s.	d.
ORDINARY.									
Provisions	4,793	8	10	1	10	3	1	12	9
Surgery and Dispensary	194	18	1	1	3		1	4	
Domestic... ..	4,053	3	6	1	5	7	1	4	5
Salaries and Wages	8,004	13	8	2	10	5	2	11	0
Miscellaneous	198	2	7	1	3		1	7	
Administration	1,502	10	7	9	6		10	4	
Establishment	1,949	12	1	12	4		12	8	
Transport	868	3	9	5	5		5	11	
Rates and Taxes	329	15	6	2	1		2	4	
	21,894	8	7	6	18	1	7	2	4
SPECIAL.									
Patients' Entertainments... ..	203	9	9	1	3		1	10	
Workshops	128	8	9	10			1	0	
Renewals and Repairs Fund	1,500	0	0	9	5		10	1	
TOTAL COST FOR THE PERIOD	£23,726	7	1	£7	9	7	£7	15	3

